

l'alt Urgell

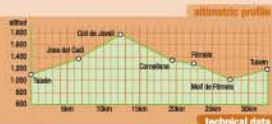
Toixén-Josa de Cadí-Coll de Jovell-Cornellana-Fórnoles-Molí de Fórnoles-Toixén

High-mountain trail over terrain of different heights up to **Coll de Jovell** (1,790 m), which separates **El Cadí** from **El Cadinell**.

Along the way we will see forests of Scots pine and mountain pine, along with other high-mountain vegetation. You're also quite likely to come across a chamois, here, fox or a wild boar, or at least see their tracks.

The trail goes through the villages of **Toixén**, **Josa de Cadí**, **Cornellana** and **Fórnoles**.

On the way it goes past the **Font del Felip** and **Fontmajor**.



technical data

Access: Gósol, Adraín (to the village) or Coll de Port (to the south).

Interest: Landscape, fauna and flora.

Difficulty: Moderate-difficult.

Time: 4 h.

Elevation gain: 780 m

Maximum height: 1,790 m

Best time of year: All year round.

la Berguedà

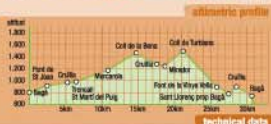
Bagà-Marcarols-Coll de la Bena-Gisclereny-Coll de Turbiens-Bagà

This trail is not for beginners, as the elevation gain is considerable.

The vegetation along the route is extremely varied. You can stop along the way to observe the fauna, visit the Romanesque chapels or look at the magnificent views.

Of particular interest are: the Romanesque chapel of **Sant Martí del Pulg**, the church of **Sant Miquel de Turbiens** and the Benedictine monastery of **Sant Llorenç prop Bagà**, as is the view from **Mucarols**, from **Coll de la Bena** and the **Turbiens** track.

There are several springs and picnic areas along the way: **Sant Joan bridge**, **Font de Gisclereny**, **Font de la Vinya Vella** and **Pare de la Vila**.



technical data

Access: Vila de Bagà, C-10 road.

Interest: Landscape, fauna, flora and architecture.

Difficulty: Moderate-difficult.

Time: 4 h.

Elevation gain: 960 m

Maximum height: 1,430 m

Best time of year: All year round.

la Berguedà

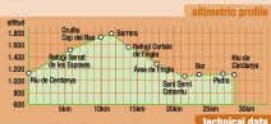
Riu de Cardanya-Refugi del Serrat de les Esposes-Refugi dels Cortals de l'Inglia-Sant Serni de Coborriu-Riu de Cardanya

This trail goes through the Eastern part of the natural park on the Northern slope.

It goes through forests of Scots pine, mountain pine and fir, and riparian forest near the **Grau de Fós**, **l'Inglia** and **Pedra** streams.

In areas closest to the villages we find swath meadows, pasture and cereal crops. Apart from its natural beauty, you can see the Romanesque churches of **Sant Serni de Coborriu**, **Sant Julià de Pedra** and **Sant Mercat de Bor**.

Also worth mentioning are the magnificent views of **El Pla de Cardanya**, **La Tosa**, **El Moixeró** and the **Cadí** mountain range. If you want to stop there are picnic areas and springs along the route, namely: **Font de l'Inglia**, **Cortals de l'Inglia** and **Serrat de les Esposes**, the last two next to mountain shelters with a ranger.



technical data

Access: Riu de Cardanya, after the Cadí tunnel.

Interest: Landscape, fauna, flora and architecture.

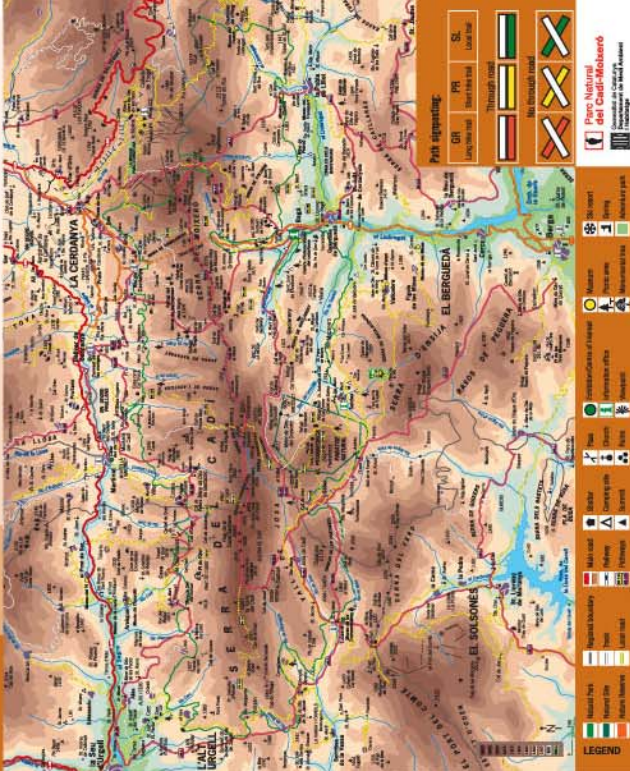
Difficulty: Moderate.

Time: 3 h 30 min.

Elevation gain: 690 m

Maximum height: 1,770 m

Best time of year: Late spring to early autumn.



Park Regulations

- The building of fires outside designated areas is strictly forbidden. Do not throw away cigarette butts or matches that have not been fully extinguished. Bottled gas may be used if absolutely necessary, but must be watched closely at all times.
- Leave litter or rubbish in the bins provided.
- Wild camping is a hindrance to the Park's conservation. Shelters are provided in which to spend the night. Do not camp outside the designated areas or without the relevant permit.
- Vehicles are allowed on designated paths only—roads and tracks—do not drive in woodland or grassland areas. Should you need to park, please do so in designated parking areas or spots at the edge of the path where you will not obstruct traffic.
- Do not damage pastures, paths, houses or altars.
- Certain plants and flowers are poisonous or are protected due to their rarity.
- Dog owners are required to keep always their pets on a lead.

Recommendations

- You have to choose a hike in accordance with your level of fitness.
- You have to check the day's weather forecast before setting out.
- Never walk alone or, in any case, tell someone which route you will be taking.
- You have to take with you:
 - suitable gear in case the weather should change (cap, gloves, sun cream, etc.), as this is frequent in high mountain areas;
 - a small first-aid kit;
 - enough water for the whole trip. Although there may be springs along the way, remember that they may be running low;
 - foods containing sugar or dried fruits;
 - a topographic map of the area.

Mountain hikes

- You have to stay on the forest tracks and signposted paths. Do not ride across country, over fields or tracks to avoid damage to flora and fauna and erosion.
- Always ride on the right.
- Give way to livestock and pedestrians.
- You have to wear:
 - a helmet;
 - and carry a spare inner tube and a basic repair kit.

Park centre

C/ de la Vinya, 1. 08695 BAGÀ
 Telephone 34 93 824 41 51. Fax 34 93 824 43 12
 E-mail: pncadimolero.dma@ajgencat.net
 Further information in: www.parcocatalunya.net

LEGEND

- Trail signposting
- GR 150 road
- Through road
- Not for motor vehicles
- St. Jovell
- PR
- PR C-121
- PR C-128
- PR C-129
- PR C-130
- PR C-131
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long walks

routes

Parc Natural del Cadí-Moixeró

l'alt Urgell

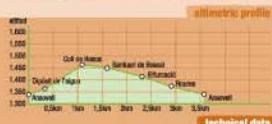
Ansovell-Santuari del Boscal-Ansovell

This trail takes us close to the North face of the **Cadí mountains**, in the **L'Alt Urgell** region, along a path that goes through small terraces that are still worked today, oak woods, pine and the aspen.

The esplanade of the shrine offers a fabulous view of the western end of the mountain range. Behind the shrine is the old **Boscal box scrub**, which, according to legend, will find a partner or spouse for the person who walks around it.

The **Ansovell forest**, property of the villagers, is one of the best-conserved areas in the region.

This is an easy trail, with little elevation gain, suitable for all walkers.



technical data

Access: Port d'Ansovell turnoff on the N-260 road.

Interest: Flora, landscape and architecture.

Difficulty: Easy.

Time: 50 min.

Elevation gain: 130 m

Maximum height: 1,470 m

Best time of year: All year round.

Signposting: On the GR 150 road

l'alt Urgell

Toixén-Planells de Sastró-Toixén

This trail goes along the Western edge of the Park, following one of the many trails used by the turpentiners in search of medicinal herbs, while we enjoy the marvelous views of the **River Mola** valley and **Planells de Sastró**.

This is a good opportunity to learn something of the great variety of autochthonous plants to be found here.

Once in Toixén the **Turpentiners' Museum** (Museum de les Tremantinaires) is worth a visit. Containing a collection of the valley's ethnographic heritage, the museum portrays the life of the turpentiners, who collected and sold turpentine and medicinal herbs.

In winter you can do the whole trail in snowshoes, taking all the precautions necessary in a winter outing.



technical data

Access: Gósol, Adraín (to the village) or Coll de Port (to the south).

Interest: Flora, landscape and ethnography.

Difficulty: Easy.

Time: 1 h 30 min.

Elevation gain: 150 m

Maximum height: 1,300 m

Best time of year: All year round.

Signposting: Not signposted

el berguedà

Coll del Pal-La Tosa

This route takes us to the top of **La Tosa**, at a height of 2,536 m, also known as **El Padró dels Quatre Batlles**, since the municipal areas of **Alp**, **Bagà**, **Das** and **Úrús** join this point.

The walk offers a magnificent view of **El Berguedà** and **La Cerdanya** from the ridge of **El Serrat Gran** and the summit itself.

At such heights the vegetation is mostly alpine meadow, which during the flowering season is full of alpine flowers.

We can also see a variety of birds, including large birds of prey, such as the vultures, golden eagle and the bearded vulture, along with large mammals such as the chamois.

In winter you can do the whole trail in snowshoes, taking all the precautions necessary in a winter outing.



technical data

Access: Via Bagà on the C-10 road.

Interest: Flora, fauna and landscape.

Difficulty: Moderate.

Time: 1 h 30 min there and 1 h 15 min back.

Elevation gain: 420 m

Maximum height: 2,536 m

Best time of year: All year round.

Signposting: GR 150-1

el berguedà

Saldes-Castell de Saldes-Saldes

On the side of **Pedraforca**, in the Southern area of the Park, we find the village of **Saldes** and its castle ruins. This is an easy trail that after only a short walk offers splendid views of **L'Alt Berguedà**, the spectacular **Pedraforca**, gentle Southern slopes of the **Cadí** mountain range and the steep walls of **El Moixeró**.

At the start of the trail we find **Sant Martí de Saldes** (9th century) with its Baroque altarpiece, and at the highest point is the 12th-century Romanesque church of **Santa Maria del Castell**, with its single nave and semicircular apse.

Overlooked by the enormous **Cadí** mountain range, in the Northern area of the Park, we find **El Prat de Cadí**. The trail goes through one of the most frequented passes on over the steep mountainside.

Near the start of the trail is a recreational area with picnic tables, barbecues and a spring.

Along the way we will find different vegetation zones, starting with a typical Scots pine forest, followed by one of mountain pine. We will also come across some fir, mountain ash and snowy mesquites, amongst others.

This is a good chance to see and hear a variety of woodland creatures.

We also go through areas of geological interest with sandstone and conglomerate that tinge the land red.



technical data

Access: On the 9-400 road to Saldes.

Interest: Landscape and culture.

Difficulty: Easy.

Time: 60 min.

Elevation gain: 70 m

Maximum height: 1,365 m

Best time of year: All year round.

Signposting: Signs in the town

la cerdanya

Estana-Prat de Cadí

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la cerdanya

Úrús-Coll de Jou

This trail, along the Northern slope of the Park, is a historic path from **La Cerdanya** to **El Berguedà**. The trail starts in **Úrús**, where we can visit the church of **Sant Cillent**, with its Romanesque apse.

Along the way, we pass the pretty area around **Font Liebrera** and then follow the course of the stream.

The elevation gain is considerable up to **Coll de Jou**.

This mountain pass is 2,010 m high and links the slopes of **El Moixeró** and **La Tosa**. From the top we have fabulous views of **La Cerdanya** and **El Berguedà**.

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mountain bike

routes

Parc Natural del Cadí-Moixeró